



***Aberdeen Police Department
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News Release

Aberdeen Officer recognized by the Maryland and Law Enforcement Officers Inc.

(Aberdeen, Maryland) March 25, 2010 - Officer First Class Timothy Helf has received an award from the Maryland Law Enforcement Officers Inc. for his lifesaving actions at an incident in January. Ofc. Helf, while off duty, was advised of a fight in progress outside the Clarion Hotel. Ofc. Helf arrived in the parking lot and quickly determined that several people been stabbed during an altercation. Ofc. Helf was able to disarm and restraint one individual that was armed with a knife. Ofc. Helf than turned his attention to the injured. Ofc. Helf located in the crowd off duty Officer Todd Duncan who suffering from several serious stab wounds to his legs. Duncan was worked a security detail at hotel at the time alteration broke out. Ofc. Helf by controlling the serious bleeding form Ofc. Duncan stab wounds is credited with saving his life. Ofc. Helf remained will Duncan while he was airlifted to the Shock Trauma Center in Baltimore. In all seven people were stabbed during the incident. Ofc. Duncan is well on his way to a full recovery.

For more information contact Sgt. Frederick Budnick, Media Relations, Aberdeen Police Department at 410-272-2121 ext 121.